



# Real time energy use monitor

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Kat Hodgins is a freelance copy and content writer based out of Vancouver, Canada. This lifelong DIYer and hands-on learner has been a freelance writer for over a decade and a BobVila contributor since 2020. With an affinity for jumping headfirst into home projects and finding products that make home life easier, Kat's major contributions to the Bob Vila team are in DIY ventures and home goods.

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Electricity is expensive, and reducing your usage can save you significant money over time! One way homeowners are taking their energy management into their own hands is through home energy monitors, devices that provide insight into how much energy you're using, when you're using it, and the best ways to adjust your usage to reap financial benefits.

With this information, you can change your behavior and ultimately cut your electricity costs while helping the environment. We'll explain some important things to consider when evaluating energy monitors.

If you've ever looked closely at your electricity bill, you know it's pretty light on information. Your bill will tell you how much electricity you've used and how much it costs. Unfortunately, that's about it.

Let's say you want to cut your energy use to save money or reduce your carbon footprint. You'll either have to



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cut down on your electricity consumption overall-by having a home energy audit, for instance-or try to guess which devices are the heaviest users and when they cost the most money to run, which is easier said than done. Energy monitors help by eliminating this guessing game.

Energy monitors are a gateway to the inner energy workings of your home. They connect to your electricity meter to show how much energy your home uses and provide information about how you can make your home more energy efficient. Energy monitors come with various features, from recognizing the energy usage of individual appliances to generating personalized recommendations for energy efficiency.

Depending on the monitor, you may track your consumption at the appliance, circuit, or whole home level - all remotely from your mobile device! Your monitoring app will often provide you with additional insights, from how to increase your energy efficiency to when to use the most electricity to maximize your savings based on the cost of electricity at different times of the day.

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